



# COMMUNITY PRODUCE SHARE

## WHAT IT DOES

1. Increase food security for underserved populations.
2. Promote healthy lifestyles by addressing food security as a social determinant of health.
3. Connect people with the local food system.
4. Connect members with ways to affordably participate in the local food system through SNAP, Double Up Bucks, and Community Resources.
5. Support our local farmers.

"MY KIDS ARE MORE WILLING TO EAT THE VEGGIES KNOWING IT HELPS LOCAL FARMERS!"

## WHAT ITS ABOUT

The Produce Share connects La Plata families on a restricted income to fresh, local produce! Our multiple pickup locations minimizes obstacles for CSA members to obtain their weekly shares of fresh veggies and fruits! This model eliminates prominent barriers to accessing fresh foods such as cost, transportation, and time needed to shop. These barriers have become even more prominent during the COVID-19 pandemic, and thus even more necessary to address!

"MY FIRST-EVER CSA AND YOU IMPROVED MY EATING AND COOKING TREMENDOUSLY"

"IT HELPS ME TO CONTINUE EATING A HEALTHY, BALANCED DIET BEING A VEGETARIAN. ALSO, HELPS TO SUBSIDIZE MY FOOD EXPENDITURES IN AN AFFORDABLE MANNER."

## ITS IMPACT

- 51 distinct families served
- 708 lbs of GFC gleaned produce
- Brokered from 6 local farmers
- 12 weeks of share distributions.
- 100% of participants said they would participate in another CSA
- 84% of participants reported eating more fruits & vegetables with this program
- 98% of participants reported the produce share met their nutritional & cultural needs & expectations

